

tangledfeet

Image from All That is Solid Melts into Air

Dazzle your team with an imaginative away day workshop...



Ever wanted to fly?
Or run away with the circus?

Award-winning theatre ensemble Tangled Feet are giving your team the opportunity to get involved!

A Unique Experience



As a theatre company creating original performances and working with aerial equipment, uniting as a team is of the utmost importance. We want to share this with your organisation to strengthen your team in a new, unusual and fun way.

You will have the unique opportunity to be inside a professional rehearsal space. You will meet the actors and creative team of one of the UK's most exciting ensembles. You will join the cast and creatives playing team-building games and have a go at flying (that's right, flying) on our aerial rig, under instruction from our aerial director.

"The workshop was one of the most inspiring experiences I'd had in a long time. It was a day of fun and exploration; of real experiential learning that got me doing things I never felt able to do before. I came away buzzing with excitement, telling my friends all about it."

Previous workshop participant.

"they are defining the future of British theatre"

The Edinburgh Guide

Transferable Skills



You will find out how performers develop the confidence to deliver a speech under stressful circumstances. You will get a unique insight into how a theatre company develop the trust to work creatively in challenging environments. You will also discover how a theatre company creates original scripts by harnessing creativity and improvisation.

- **Team-work, trust and partnership**
- **Creative thinking, problem solving**
- **Creating and developing ideas**
- **Public speaking, presentations, client relationships**
- **Working under pressure and to timelines**

Tangled Feet has a track record of working with a number of large multinational firms (Ernst & Young, BBC, Royal Caribbean Cruises) as well as small and medium enterprises.

"Tangled Feet offer a glimpse of magic"

The Guardian

Options & Details



SCHEDULE OF THE EVENT

- **Warm-up:** a fun selection of games and physical challenges which get us working as a group, thinking on our feet, and prepares our bodies for working physically
- **Creative exercise:** devising ways of telling stories on our given theme (working closely with the cast and creatives)
- **Flying:** an opportunity for those with a head for heights to have a go in a harness, being 'flown' on our special rig
- **Operating:** for those who would rather keep their feet on the ground, learn how to 'operate' the flying system and take part in floor-based exercises
- **Drinks:** To finish the day meet the artists over drinks and nibbles/ lunch; find out what it takes to train and maintain a career as a performer, about the creative process of making theatre and how individuals can bring more creativity into their daily roles

CONTACT

FOR MORE DETAILS PLEASE CONTACT:
NATHAN CURRY NATHAN@TANGLEDFEET.COM